



# Women on Waves – Safe Abortion with Misoprostol

## For Pregnancies up to 9 Weeks

[www.womenonwaves.org](http://www.womenonwaves.org)  
[www.womenonweb.org](http://www.womenonweb.org)

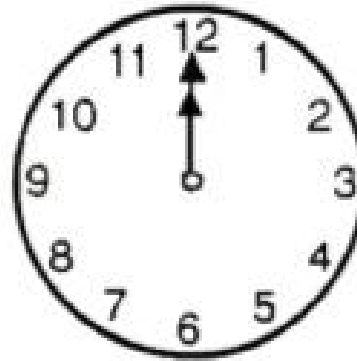
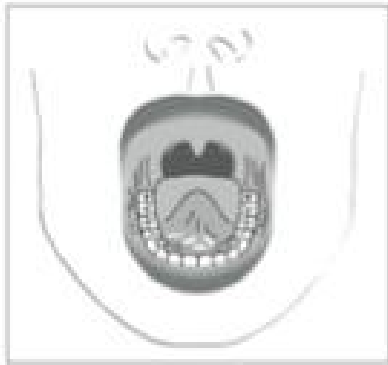
1<sup>st</sup>

Don't be alone! Have someone with you in case you need to go to the hospital.



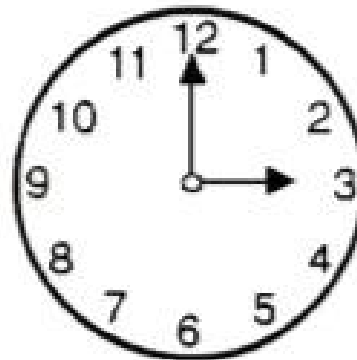
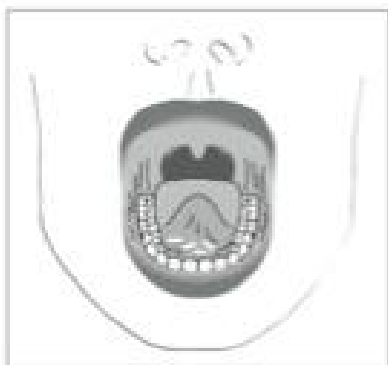
2<sup>nd</sup>

Put 4 pills (200mg each, for a total of 800mg) of Misoprostol under the tongue for at least 30 minutes – Do not swallow!



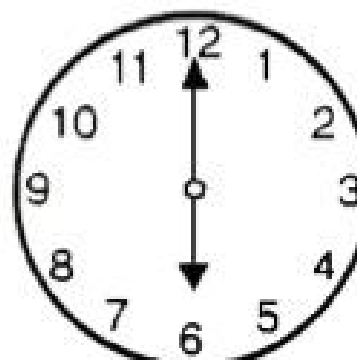
3<sup>rd</sup>

In three hours, put another 4 pills of Misoprostol under the tongue for at least 30 minutes



4<sup>th</sup>

In three more hours, put another 4 pills of Misoprostol under the tongue for at least 30 minutes



## What will I feel when my abortion begins?



Cramping

+

Bleeding



## What side effects might I feel from the pills?



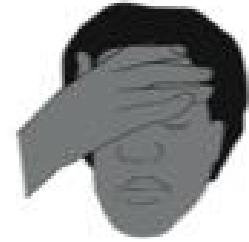
Diarrhea



Vomiting



Fever



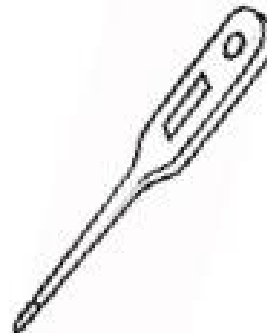
Headache



## How do I know if I need to go to the hospital?



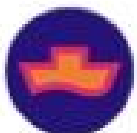
**Heavy Blood Loss:**  
More than 2 pads per hour  
for more than 2 hours



**High Fever:**  
Higher than 38° or 38°  
For more than 24 hours



**Severe Pain:**  
For more than a few hours



Do you need more help? Go to [www.womenonwaves.org](http://www.womenonwaves.org)  
Or email us at: [info@womenonweb.org](mailto:info@womenonweb.org)